Report to: **HEALTH AND WELLBEING BOARD**

Date: 22 September 2016

Executive Member / Reporting Officer:

Councillor Gerald P Cooney - Executive Member (Healthy and Working)

Angela Hardman – Director of Public Health

PUBLIC HEALTH ANNUAL REPORT 2015-16 Subject:

Report Summary: The Director of Public Health's Annual Report 2015-16 is themed around Self-Care.

> The Report emphasises that by focusing on self-care we can help to increase people's confidence to live well, improve their quality of life and improve the patient experience. Together we can create an environment which promotes self-care through healthy lifestyle choices, based on local leadership within communities. We can see a fundamentally different relationship between public services, residents and local communities by working locally to enable people to build their skills and confidence and improve self-care in all its forms.

> The Report highlights our existing programmes of work and shows where real opportunities exist as a result of the restructure brought about by Care Together and Greater Manchester Devolution.

> The Report concludes that through self-care we can realise these bold ambitions of the Tameside and Glossop 'Care Together' Programme:

- "We aim to raise healthy life expectancy to the North West average within five years.'
- "We then will continue to drive our ambition to achieve the England average within the subsequent five years."

Recommendations: This report is for information only.

Links to Sustainable **Community Strategy:**

Policy Implications:

This Public Health Annual Report is relevant to all aspects of the Community strategy, but health most specifically. Although an independent report, it also contributes to the delivery of the corporate vision: The Council, as a representative body, exists to maximise the wellbeing of the people of the borough.

The report does not have any policy implications, however, it presents a challenge to the Council and partners to embed principles within their policies that promote health

and reduce inequalities.

Financial Implications:

(Authorised by the Section 151 Officer)

Whilst there are no direct financial implications arising from the report, it should be recognised that initiatives to improve the health and wellbeing of residents of the borough will potentially lead to a reduced demand on health and social care services and associated costs incurred. This will therefore contribute towards the delivery of future year efficiency savings alongside reduced resource allocations within the economy.

It is essential these initiatives are stringently monitored to ensure efficiencies are realised.

Legal Implications:

(Authorised by the Borough Solicitor)

The publication of this report fulfils a statutory requirement of Tameside's Director of Public Health and sets out an approach to meet our Health and Wellbeing Strategy.

Risk Management:

The annual report of the Director of Public Health is being presented to Board for their information.

Access to Information:

The background papers relating to this report can be inspected by contacting Gideon Smith - Consultant in Public Health Medicine

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